



Self-Help Center
Family Law Facilitator Office

Superior Court of California
County of San Luis Obispo

**Domestic Violence Prevention Act
Forms Needed to Request Restraining Order and Other Orders**

1. ☒ [DV-100](#) Request for Domestic Violence Restraining Order (staple the following as needed)
 - ☐ [DV-101](#) Description of Abuse
 - ☐ [DV-105](#) Request for Child Custody and Visitation Order
 - ☐ [DV-108](#) Request for Order: No Travel with Children
 - ☐ [FL-150](#) Income and Expense Declaration (complete only if support is requested)
2. ☒ [DV-109](#) Notice of Court Hearing
3. ☒ [DV-110](#) Temporary Restraining Order (staple the following as needed)
 - ☐ [DV-140](#) Child Custody and Visitation Order
 - ☐ [DV-145](#) Order: No Travel with Children
 - ☐ [DV-150](#) Supervised Visitation and Exchange Order
4. ☒ [DV-130](#) Restraining Order After Hearing (staple the following as needed)
 - ☐ [DV-140](#) Child Custody and Visitation Order
 - ☐ [DV-145](#) Order: No Travel with Children
 - ☐ [DV-150](#) Supervised Visitation and Exchange Order
 - ☐ [FL-342](#) Child Support Information & Order Attachment (include if asking for child support)
 - ☐ [FL-192](#) Notice of Rights and Responsibilities (include if asking for child support)
 - ☐ [FL-343](#) Spousal, Partner, or Family Support Order (include if asking for spousal support)
5. ☒ [CLETS-001](#) Confidential CLETS Information
6. ☒ [FL013](#) Statement of Venue (only if not previously completed)
7. ☒ [DV-120](#) Response to Request for Domestic Violence Restraining Order (staple and leave blank)
8. ☒ [DV-200](#) Proof of Service

WHERE TO GET HELP:

☐ **In-Person:** Visit our Self-Help Center to get questions answered and your documents reviewed for free at our walk-in legal clinic. View schedule at www.slo.courts.ca.gov/sh/selfhelp-familylaw.htm#facilitator or listen to our recorded message at (805) 706-3604.

☐ **Online:** Visit our Online Self-Help website to get more information about the court process at <https://www.slo.courts.ca.gov/sh/selfhelp-domesticviolence.htm>.

☐ **Online Form Preparation:** To get started go to <https://www.slo.courts.ca.gov/sh/index.htm> and select the Domestic Violence Restraining Order. This is a form preparation program available for you to complete the necessary forms to request a Domestic Violence Restraining Order. This program will ask you to answer questions. The answers you give will be used to complete the forms needed. This program will allow you to print your prepared forms.

Computers and printers are also available during our Workshop and Walk-In Clinic hours for you to use. We recommend that you come to our Walk-In Clinic to have your forms reviewed and copies made before you file with the Court.

WHERE TO GET FORMS:

☐ **Internet:** For free, you can log onto www.courts.ca.gov and hover over “Forms & Rules” and select “Browse All Forms” and then select “Domestic Violence Prevention”.

☐ **Court Clerk’s Office:** For \$5, you may go to any of our Courthouses to purchase a packet of blank forms. A free fee waiver packet is also available at the Clerk’s Office.

How many copies do I need? When you file with the Court Clerk’s Office, you must present all originals plus 1 copy of your completed DV-100 Request for Domestic Violence Restraining Order (and any attachments).

What is a domestic violence restraining order? A court order that helps protect people from abuse.

What is abuse? Abuse means to hit, hurt, scare, throw things, pull hair, push, follow, harass, sexually assault, stalking, or threaten to do any of these things.

Can I get a restraining order? You may obtain a domestic violence restraining order if a person has abused you and you have a close relationship with that person (married or registered domestic partners, divorced, separated, dating or used to date), or you are related (parent, child, brother, sister, grandmother, grandfather, in-law).

What facts does the judge need to know about? Your written declaration must state enough detailed facts that show reasonable proof of a past act or acts of abuse. Your written declaration should contain dates, a detailed description of the abuse and a detailed description of any injuries.

What if my entire Request for Temporary Restraining Order is denied? If your Request for Temporary Restraining Orders was denied and you do not want to move forward with the case, you may file [DV-112](#) Waiver of Hearing on Denied Request for Temporary Restraining Order.

How can I keep the general public from viewing sensitive information relating to a minor child? In certain cases, the judge can order that the following information be kept confidential and not available for the public to view: name of the minor, address of the minor, and information surrounding the protective order relating to the minor.

In order for the judge to make this information confidential, you must prove that: the minors right to privacy overcomes the public’s right to access the information; there is a substantial probability that the minor’s interest will be prejudiced if the information is not kept confidential; the order to keep the information confidential is narrowly tailored; and no less restrictive means exist to protect the minor’s privacy.

Additional forms and procedures will be required to make this request, including form [CH-160](#), [CH-165](#) and [CH-175](#). You should consult with an attorney or the Self-Help Center / FLF Office for more information.

Domestic Violence Restraining Order - Filing and Serving Instructions

1	Complete Restraining Order Forms & Make Copies	Complete all necessary Restraining Order forms. Make 1 copy of your original completed DV-100 Request for Domestic Violence Restraining Orders.
2	Take to the Court and file all the completed original documents and 1 copy of the DV-100 Request for Domestic Violence Restraining Order	When you give the Court Clerk your originals and copies, the clerk will deliver the documents to the judge so that a decision can be made about your restraining order request. You should make arrangements with the Court Clerk about when and where you should pick up your copies of the restraining order documents.
3	Pick Up Your Restraining Order Copies	Generally, within 24 hours from when you file, the court will make a decision about your Temporary Restraining Order. When you pick up your restraining order copies you will know the date of your next hearing and whether the judge granted your request for a temporary restraining order. The temporary restraining order expires on the day of your hearing.
4	Schedule a Child Custody Mediation Appointment	If you requested custody orders regarding minor children, then you must call Family Court Services at (805) 706-3608 to schedule a mediation appointment.
5	Give the Other Party a Copy of the Restraining Order Documents and Complete the Proof of Service	Someone who is 18 years or older must personally deliver to the other party a copy of your restraining order documents including the following: DV-100 (plus any attachments), DV-110 if granted (plus any attachments), DV-109, FL013, and a blank DV-120. The other party must receive these documents at least 5 days before your scheduled hearing date, unless otherwise ordered by the court. The person who personally delivered the documents to the other party must complete and sign the Proof of Service FL-200 form. If you are having the Sheriff's Office deliver the documents to the other party, then you must give the Sheriff's Office 2 copies. In addition, the Sheriff will have their own Proof of Service form.
6	File The Proof Of Service With The Family Law Clerk	You must file the original completed Proof of Service (FL-200 or Sheriff's form) with the Court Clerk's Office as soon as possible so you can show proof that the other party was served.
7	Go to Court on the Day of Your Hearing	On the day of your hearing, the judge will decide whether to grant or deny the orders you requested. If a restraining order is granted, it may last for up to 5 years. If child custody and visitation orders are granted, they may last until the child is 18 or until the court changes the orders. If you do not attend your hearing, then any temporary orders will expire on the date of the court hearing and you will have to start all over again to ask for orders if you need them in the future.